

2009 Blue Devil Lift Off

Team Body Wt./Wt. Lifted %

School	Average % Body Weight
Lansingburgh	2.14
Troy	2.12
Arlington	1.98
Cambridge	1.97
Cohoes	1.97
Columbia	1.93
Shaker	1.90
Rensselaer	1.88
Schalmont	1.87
South Glens Falls	1.83
Mohonasen	1.80
Voorheesville	1.63
Ichabod Crane	1.56
Stillwater	1.53
CBA	1.49
Averill Park	1.43